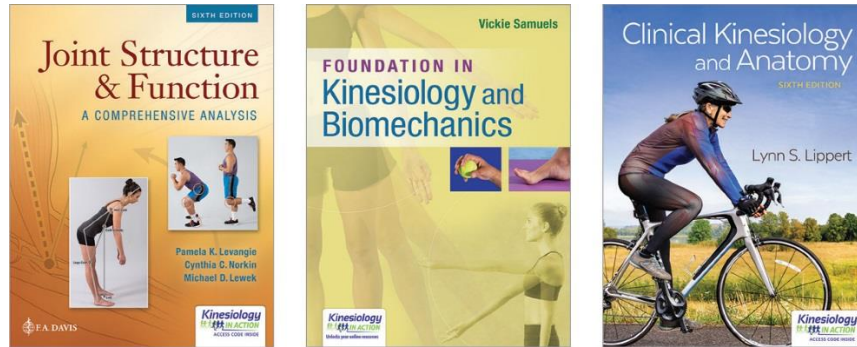


Transitioning to Distance Education



Tips for Using Kinesiology in Action

Kinesiology in Action (KIA) is a customizable, interactive, online learning environment. It offers students and instructors a wealth of multimedia resources that support learning of complex concepts. Within this environment, instructors can design classes, monitor student progress, and assign quantitative and qualitative assessment activities to students enrolled in their classes. All assignments are tracked in the platform's gradebook, which can be exported to an institution's learning management system.

- The **Instructor's Guide** offers valuable suggestions for how to use each of the activities.
 - Features Lesson Plans for each module.
 - Provides a sample syllabus for a whole semester.
 - Offers guidance on which activities from the text and KIA to assign.
 - Provides additional activities which you can use as assignments.
 - Use them together for virtual small groups or as part of your online lectures or assignments.
- Put your **Learning Management System's (LMS) Discussion Board** to work as a communication tool.
 - Facilitate discussions and group projects.
 - Start discussion threads using the cues in the Lesson Plans.
- Look at the **Gradebook Metrics** to monitor performance at a glance.
 - Review your class's performance for each module and exercise to identify which topics are difficult for your class as a whole and need additional attention.
 - Look at Individual student performance to alert you to which students are struggling so you can intervene by reaching out and implementing plans to get them back on track.
 - Remind students that, beyond performance analytics, you can see how much time they are spending in each assignment. While you can't take traditional attendance, you can certainly track who is "showing up" for class.

- Put traditional **Instructor Resources** to work in a whole new way.
 - Each version of Kinesiology in Action features valuable resources, including Test Banks, PowerPoint slides, Image banks, and Instructor's Guides. (See [Tips for Test Banks](#), [PowerPoint](#) and [Instructor's Guide](#).)
 - Make your own videos or audio lecture captures and place them in the Kinesiology in Action Message Board or in each module.
 - Upload Test Bank questions to your school's LMS to provide online tests or access the same content to create tests within Kinesiology in Action. Use the activities in Kinesiology in Action to help students prep.
 - Use the Test Bank content (provided only to instructors) to evaluate students.